



Embracing Our Time as We Care for Seniors

Be very careful, then, how you live
– not as unwise but as wise,
making the most of every opportunity.

Ephesians 5:15-16

2017 SPEAKERS:



Dr. Timothy Brimmer Professor of Music, Butler University, Indianapolis, John M. Plewes II, MD, Forensic Psychiatrist, serves as academic adviser, graduate and undergraduate instructor in music psychology, digital arts, choral pedagogy, music education and in the honors program. Dr. Brimmer serves as the Principal Investigator in neuroscience of music research and has presented an intra-curricular approach to teaching the neuroscience of music at a national science conference. Dr. Brimmer is active in Butler's Study Abroad Program, taking students to perform regularly in South America, Europe, Asia, and, most recently, Cuba, Finland, Sweden and Brazil. Professor Brimmer holds a Bachelors of Music Education from Central Michigan University, a Masters of Music Education from Northwestern Michigan University and a Doctor of Arts from Ball State University.



Dr. Denny Howard is currently the Director of the Vitality Care Institute, providing a wide range of proactive and restorative services for those who serve in people influencing vocations such as non-profit and ministry leaders. He was the founding director of the Family Care Center, a psychological and counseling service located in Fort Wayne and four other communities. He is a State-Licensed Clinician in mental health, marriage/family therapist and a certified-addictions counselor. Denny is an ordained minister, a graduate of George Fox Evangelical Seminary in Portland, Oregon. He is a member of the National Association for Addiction Professionals, National Board of Certified Counselors, and the American Association of Christian Counselors. As a clinical counselor a professional coach, Denny works primarily with those who serve in people influencing vocations.



Chaplain John P. DiMarzio is currently a chaplain at Ashton Creek Health and Rehabilitation Center, and a staff chaplain at Parkview Hospital.

He has ministered as a pastor in local churches for forty-one years, and continues to serve his home congregation as its shepherd. He has volunteered as advocate for **A Hope Center**, a pregnancy and relationship resource center for those dealing with unplanned pregnancy, and as a teen facilitator with **Erin's House for Grieving Children**. He sat on the Board of Directors for **Camp Indogan** (a youth camp) for twenty-three years, in addition to acting as a counselor and session director. John and his wife Kathy also served as foster parents, fostering forty children. John holds a Masters of Ministry from Bethel College in Mishawaka, Indiana.

25th Annual Conference on Ministry with the Aging

THEME SUMMARY: Time is something everyone has in equal proportion and possession – 24 hours a day, one day at a time. Within this daily sphere of measurement, time is finite and fleeting, obvious and elusive. It can “stand still,” and “rush by.” Consequently, over its course, people age; they get older and eventually slow down. Youth fades, old age arrives, and with it trials and challenges. For those that serve among the elderly there is the good virtue of redeeming time; of making the most of any given opportunity or day – of living life with a sense of purpose and productivity. This purpose is no more fulfilled than when we embrace our time through music, compassion, and self-care.





Embracing Our Time as We Care for Seniors

THE TOWNE HOUSE RETIREMENT CENTER
Tuesday, June 6, 2017

8:00 a.m. Registration (breakfast)

9:00 a.m. **The Impact of Music on Seniors ... and Their Caregivers:** What effect does preferred music listening have on seniors? On those with dementia? On "sundowning"? On agitation? How can music listening improve the quality of life for seniors, and for those who care for seniors? Dr. Tim Brimmer returns to our 25th Conference with updates on his team's MUSIC FIRST longitudinal research in Indiana's nursing homes, and offers strategies for making the most of our caring for seniors. This session includes an overview of neuroscience and music, and several "take-away" activities for building high-value music playlists for caregivers and for seniors who require some level of care. It's about time, don't you think?

Dr. Timothy Brimmer, DA, MM, Professor of Music, Butler University, Indianapolis, Forensic Psychiatrist

10:30 a.m. Break

10:45 a.m. **The Gift and Place of Compassion to Seniors:** Whether a person is an ordained minister serving in the local church as a pastor or any kind of institution as a chaplain, or a person is serving the elderly population in any other vocational capacity (social work, nursing, therapy, administration, lay ministry, etc.), each of us are called to reach out and express compassion. So, what is compassion? How do we 'do compassion'? How do we become 'more compassionate', especially if that is not our strength? When is the right time to express compassion, and not? Chaplain DiMarzio addresses these important facets of being compassionate on a regular basis.

Rev. John DiMarzio, Chaplain, Ashton Creek Health and Rehabilitation Center; Chaplain, Parkview Hospital; Pastor, Southwinds Church of Christ

12:20 p.m. Lunch - Carriage Dining and Fireside Grill

1:10 p.m. Tour of The Towne House (optional, 20 minutes)

1:30 p.m. **The Relational Toxic Triangle: How to Know When You Are a Part of the Problem, When You are Convinced You are Not!** In caring for others we are faced with many opportunities, brilliantly disguised as impossible situations. These "well-intentioned dragons" can suck the life-giving relational oxygen out of any situation. Difficult people can severely deplete us of the vitality essential for effectiveness. In this presentation, you will learn to utilize a **Relational Toxic Triangle** to do a heart check, and learn how to effectively navigate these complicated relational challenges.

Dr. Denny Howard, MA, LMFT, LMHC, LCSW, ACCA, Director of the Vitality Care Institute

3:00 p.m. Wrap-up



2017 SPONSORS

PLATINUM SPONSOR

- Grandview Pharmacy

GOLD SPONSORS

- Healthcare Therapy Services (HTS)
- Parkview Home Health & Hospice
- Shawnee Construction & Engineering

SILVER SPONSORS

- BHI Senior Living Foundation
- Brotherhood Mutual Insurance
- Heartland Hospice

BRONZE SPONSOR

- McComb & Sons Funeral Homes

**NEXT YEAR'S
CONFERENCE:
Tuesday
June 5, 2018**

PARKING: Please park in the rear parking lot of our facility (use Campus Court on the west end of our campus).

HOTEL: For those who wish to spend Monday night in an area hotel, we recommend: **Hyatt Place**, 111 W Washington Center Rd (located 1.3 miles from our facility), (260) 471.8522.



Conference on Ministry with the Aging
 c/o The Towne House Retirement Community
 2209 St. Joe Center Road
 Fort Wayne IN 46825

Non-Profit Org.
 US Postage
PAID
 Fort Wayne IN
 Permit No. 1941

Be very careful, then,
 how you live – not as
 unwise but as wise,
 making the most
 of every opportunity.
Ephesians 5:15-16



Embracing Our Time as We Care for Seniors

Tuesday, June 6, 2017 (9 am - 3 pm)

**The Towne House Retirement Community
 2209 St. Joe Center Road, Fort Wayne IN 46825**

Registration Only \$25
(4.5 CEUs available)



25th Annual Conference on Ministry with the Aging

2017 CONFERENCE COMMITTEE

Rev. Douglas Vogel, Chaplain, SSA,
 The Towne House Retirement Community, chair
Rev. Carole Green, Associate in Pastoral Care, Plymouth
 Congregational Church UCC, Fort Wayne
Rev. Kent Keener, Associate Pastor, Brookside Church, Fort Wayne
Chaplain David Koenig, Director of Spirituality, Signature
 HealthCARE, Fort Wayne

Rev. Keith Moore, Pastor of Visitation Emeritus, Blackhawk
 Ministries, Fort Wayne
Rev. Roger Olson, Chaplain Emeritus, Lutheran Life Villages, Fort Wayne
Ms. Dar Richardson, Grief and Loss Counselor, Fort Wayne
Dr. Steven Roper, Senior Pastor, Faith Baptist Church, Fort Wayne
Chaplain Cheryl Schmidt, Spiritual Care Coordinator,
 Heartland Hospice, Fort Wayne

A one-day conference designed for health-care and social-service professionals, nurses, chaplains, pastors, church lay leaders, art and music therapists, family caregivers, and others involved with helping the elderly in late-life issues.