



**A MINISTRY OF AMERICAN BAPTIST CHURCHES OF INDIANA AND KENTUCKY
IN COOPERATION WITH ABC-GI ALONG WITH SPONSORING
AMERICAN BAPTIST CHURCHES & ASSOCIATIONS**

C205 Personal and Family Care

July 21, August 11, August 25 & September 8, 2018

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Description and Purpose

This class experience is intended to assist students maintain balance in their personal, professional and family lives. It will explore the challenges related to ministry today, time management and goal setting; along with how ministry impacts the family of those in ministry and ways individuals can contribute towards a healthy family. The experience will also examine the importance of continuing education and personal growth.

Focus of This Experience

Students should be able to:

1. Have a better understanding of the significant stresses that exist in ministry today.
2. Understand the importance of vision, priorities, and goal setting and how to set goals in all aspects of their lives.
3. Identify time wasters that currently exist in their lives.
4. Identify needs that may not be met in their families and how to respond to those needs.
5. Understand the importance of continuing education and how one can find the time and resources to attend Christian Education events.

Required Texts

- Margaret J. Marcuson, *Leaders Who Last: Sustaining Yourself and Your Ministry*; New York, NY, Seabury Books, 2009.
- Dennis W. Bickers, *The Healthy Pastor: Easing the Pressures of Ministry*, Kansas City, MO: Beacon Hill Press, 2010.
- Dennis Bickers, *The Bivocational Pastor*, Kansas City, MO: Beacon Hill Press, 2004.

Student Expectations

1. Attend all sessions whenever possible
2. Contact the instructor in advance, if you will be absent
3. Be prepared for each class session
4. Participant in class
5. Support and encourage other students in the class
6. Communicate with the instructor, if you have any questions or concerns

Please bring the following to each class session:

- Textbooks
- Good English Translation of the Bible
- Notebook (for handouts, assignments and taking notes)
- 2 pens/pencils (electronic device to take notes, if preferred)
- Syllabus, handouts & assignments

Requirements to Earn Credit

1. Completion of reading and written assignments
2. Participation in class discussions and exercises.
3. Read additional articles or blogs as may be assigned
4. Bring textbooks and completed assignments to each class session.
5. Attend at least 15 of the 20 hours of classroom time
6. If absent one class session, earn an excused absence by doing the following:
 - a. contact the instructor about your absence (preferably before the absence, but at least within 72 hours of the absence)
 - b. obtain notes from two students who did participate in any class session you missed
 - c. request a copy of the PowerPoint presentation(s) for the class session you missed in note format (3 slides per page); of course, this only applies if the instructor uses PowerPoint in the class session you missed.
 - d. complete a special assignment given by your instructor in addition to regular assignments; this is usually an enriching experience that will most likely pertain to the class session the student missed in some way.

Class Sessions

Note: Assignments listed under each class session date are due on or before that date.

Session 1—July 21, 2018

- Reading Assignment
 - *The Healthy Pastor*, the Introduction plus Chapters 11 and 12
 - *The Bivocational Pastor*, Chapter 11
 - *Leaders Who Last*, Chapters 1, 2 and 3

Session Objectives

1. Develop a better understanding of the challenges of ministry in the 21st century.
2. Discuss the need to maintain balance in our lives and identify five areas of life that must be kept in balance.
3. Examine time (life) management issues and explore time management techniques.
4. Discuss problems that can occur when we allow our lives to get out of balance.

Session 2—August 11, 2018

- Reading Assignment
 - *The Bivocational Pastor*, Chapter 3
 - *Leaders Who Last*, Chapters 3, 4 and 5

Session Objectives

1. Develop an understanding of the value of having a vision for one's ministry and life in order to live a more purposeful life.
2. Learn how to develop meaningful goals.

Session 3—August 25, 2018

- Reading Assignment
 - *The Healthy Pastor*, Chapters 1 and 2
 - *Leaders Who Last*, Chapters 6, 7 and 8

Session Objectives

1. Discuss the unique pressures on the families of ministers.
2. Explore ways to maintain or recapture healthy family relationships.
3. Understand the need to protect our children from the expectations some people will have for them.
4. Identify the various elements that make up a pastor's salary and benefit package

Session 4—September 8, 2018

- Reading Assignment
 - *The Bivocational Pastor*, Chapter 9
 - *Leaders Who Last*, Chapters 9 and 10

Session Objectives

1. Examine the importance of continuing education in the life of the minister and lay leader.
2. Discuss the necessity of pursuing personal holiness in one's life.
3. Explore the increasing need for bivocational ministers & active lay leaders in today's church.
4. Examine denominational systems to assist you in your ministry, ABPS enrollment, etc.

Tentative Daily Class Schedule

Arrive 8:45am

9:00am	–	10:15am	Session A
10:15am	–	10:30am	BREAK
10:30am	–	11:45am	Session B
11:45am	–	12:30pm	LUNCH
12:30pm	–	1:45pm	Session C
1:45pm	–	2:00pm	BREAK
2:00pm	–	3:15pm	Session D

Class Location

Franklin College
(Campus Address: 101 Branigin Blvd, Franklin, IN 46131)
Johnson Center for Fine Arts
(corner of Branigin Blvd & Grizzly Dr)
South Entrance
(off Grizzly Drive)
1st Floor, Room 104