



A MINISTRY OF AMERICAN BAPTIST CHURCHES OF INDIANA AND KENTUCKY
IN COOPERATION WITH ABC-GI ALONG WITH SPONSORING
AMERICAN BAPTIST CHURCHES & ASSOCIATIONS

C204-Congregational Care

January 12, January 26, February 9 & February 23, 2019

Roberta White, Instructor

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Description and Purpose

This class is designed for those who desire to be supportive of persons in times of crisis. It is particularly helpful to those who provide pastoral care with congregations, serve as deacons or are engaged in visitation ministries. It will include helping students to learn appropriate boundaries, learn & practice active listening skills, develop skills to use in visiting & caring for those in need, identify when and how to refer persons for additional help and develop care resources.

Focus of This Experience

Class Objectives for the student are:

- To reflect theologically about congregational care experiences
- To develop an awareness of self as a caregiver and how to set appropriate boundaries
- To identify signs of rescuing and triangulation
- To learn and practice active listening skills
- To develop skills to address congregational care situations that include: Visiting the sick, Ministry with the dying and bereaved, Marriage & Family Life, Domestic Violence and Suicide
- To identify when and how to refer persons for additional help
- To develop congregational care resources

About the Instructor

Rev. Roberta White's passion for and experience with pastoral care has flourished as she has served as a chaplain and pastored congregations in ABC-Greater Indianapolis. From 2001-2014, she provided spiritual and bereavement support with St. Francis Hospice in the Indianapolis area. She currently pastors with Congregation of the Covenants in ABC-Greater Indianapolis. She received her ecclesiastical endorsement as an institutional chaplain through the American Baptist Churches USA (2006). She has completed four units of Clinical Pastoral Education and was certified with the Association of Professional Chaplains until her retirement from chaplaincy in 2014. She received a Master of Divinity from Christian Theological Seminary (1997), B.S. Ed. from Indiana University (1988) and A.D. Nursing from University of Indianapolis (1977).

Required Text

Pastoral Care Emergencies by David K. Switzer. Fortress Press, Minneapolis. 2000; Make sure you purchase the "***dark pink***" version. This book can usually be ordered through Amazon.com for less than \$20 new and \$6 used.

Additional Handouts for reading will be distributed in class.

Program Expectations of Students

1. Attend all sessions whenever possible
2. Contact the instructor in advance, if you will be absent
3. Be prepared for each class session
4. Participate in class
5. Support and encourage other students in the class
6. Communicate with the instructor, if you have any questions or concerns

Please bring the following to each class session:

- Textbook(s)
- Good English Translation of the Bible
- Notebook (for handouts, assignments and taking notes)
- 2 pens/pencils (electronic device to take notes, if preferred)
- Syllabus, handouts & assignments

Requirements to Earn Credit

Those participants choosing to meet the class requirements will earn a certificate and will be eligible for 2.0 Continuing Education Units.

1. Completion of all reading and written assignments.
2. Participation in class discussions and exercises.
3. Read additional articles or blogs as may be assigned
4. Bring textbooks and completed assignments to each class session.
5. Attend at least 15 of the 20 hours of classroom time
6. If absent one class session, earn an excused absence by doing the following:

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Requirements to Earn Credit (CONTINUED FROM PREVIOUS PAGE)

- a. contact the instructor about your absence (preferably before the absence, but at least within 72 hours of the absence)
- b. obtain notes from two students who did participate in any class session you missed
- c. request a copy of the PowerPoint presentation(s) for the class session you missed in note format (3 slides per page); of course, this only applies if the instructor uses PowerPoint in the class session you missed.
- d. complete a special assignment given by your instructor in addition to regular assignments; this is usually an enriching experience that will most likely pertain to the class session the student missed in some way.

Class Sessions

Session 1—January 12

Assignments prior to Session 1:

- Read the chapters indicated in bold below

Class Session Outline:

Classroom Activities

Introductions and Devotions

Review Objectives and solicit expectations from students

What is Pastoral Care? **Read Introduction and Chapter 1**

Caregiver Self-awareness **Read Chapter 2**

Active Listening Skills **Read Chapter 3** - small group practice in class

Pastoral Care Through Prayer

Introduction to Verbatims

Session 2—January 26

Assignments prior to Session 2:

- Read the chapters indicated in bold below;
- Write first verbatim according to guidelines given and instructions from session 1.

Class Session Outline:

Classroom Activities

Devotions

Visiting the sick **Read Chapters 4&5**

When and How to Refer **Read Chapter 11**

Suicide **Read Chapter 8 and (Handout on Suicide to be given in class)**

Verbatim presentation – Small Groups

Session 3—February 9

Assignments prior to Session 3:

- Read the chapters indicated in bold below;
- Write second verbatim.

Class Session Outline:

Classroom Activities

Devotions

Ministry with the Dying **Read Chapter 6**

Ministry with the Bereaved **Read Chapter 7**

Verbatim presentation - Small Groups

Session 4—February 23

Assignments prior to Session 4:

- Read the chapters indicated in bold below;
- Write third verbatim.

Class Session Outline:

Classroom Activities

Devotions

Marriage and Family Life **Read Chapter 9**

Marriage and Family Emergencies **Read Chapter 10**

Verbatim presentation - small groups

Closing

Turn in all work due to complete the course

Evaluation Forms & Student Signature on Course Completion Form, if not already done

TENTATIVE DAILY CLASS SCHEDULE

Arrive 8:45am

9:00-10:15 Session A

10:15-10:30 Break

10:30-11:45 Session B

11:45-12:30 Lunch

12:30-1:45 Session C

1:45-2:00 Break

2:00-3:15 Session D

CLASS LOCATION

Franklin College

(Campus Address: 101 Branigin Blvd, Franklin, IN 46131)

Johnson Center for Fine Arts (corner of Branigin Blvd & Grizzly Dr)

South Entrance (off Grizzly Drive); **1st Floor, Room 103**